

**MINUTES OF A MEETING OF THE
HEALTH & WELLBEING BOARD
Committee Room 2 - Town Hall
19 August 2015 (1.00 - 3.00 pm)**

Present:

Board Members Present:

Councillor Steven Kelly (Chairman), LBH
Councillor Meg Davis – Cabinet Member – Children & Learning, LBH **(MD)**
Atul Aggarwal, Chair, Havering CCG **(AA)**
Alan Steward, Chief Operating Officer, Havering CCG **(AS)**
Conor Burke, Accountable Officer, Barking & Dagenham, Havering and Redbridge CCGs **(CB)**
Gurdev Saini, Clinical Director, Havering CCG **(GS)**
Susan Milner, Interim Director of Public Health, LBH **(SM)**
Isobel Cattermole, Deputy Chief Executive, Children's, Adults and Housing, LBH **(IC)**

Officers Present:

Phillipa Brent-Isherwood, Head of Business and Performance, LBH **(PB)**
Deborah Redknapp – Head of Public Health and Children's Services, LBH **(DR)**
Mary Pattinson, Head of Learning and Achievement, LBH **(MP)**
Jade Fortune, Public Health Strategist, LBH
Deborah Taylor, Interim PA to Interim Director of Public Health, LBH (minute taker)

Members of Public Present:

Three members of the public were also present.

Apologies were received for the absence of Councillors Cheryl Coppell, Dean, Atherton and Wendy Brice-Thompson.

1 CHAIRMAN'S ANNOUNCEMENTS

The Chairman advised of arrangements in case of fire or other event that would require the evacuation of the meeting room.

2 APOLOGIES FOR ABSENCE

Apologies for absence were received from:
Cheryl Coppell, Chief Executive, LBH

Councillor Wendy Brice-Thompson, Cabinet Member – Adult Services and Health, LBH
Anne-Marie Dean, Chair, Havering HealthWatch
John Atherton, Head of Assurance North Central and East London, NHS England

3 DISCLOSURE OF PECUNIARY INTERESTS

No pecuniary interests were disclosed.

4 MINUTES

The minutes of the meeting held on 15 April 2015 were agreed as a correct record and signed by the Chairman.

5 MATTERS ARISING

There were no matters arising.

6 MEMBERSHIP

It was agreed by the membership that Councillor Steven Kelly will remain as Chair of the Health and Wellbeing Board.

Isobel Cattermole introduced herself to the group as the interim Deputy Chief Executive, Children's, Adults and Housing, LBH.

7 MENTAL HEALTH - OVERVIEW

SM made a presentation to the Board on "Mental Health of Children and Young People".

The Chairman asked a question on the impact social media has on children and young people's mental health and wellbeing. A discussion took place and it was agreed that there were two main areas for concern; one being the potential for cyber bullying and the other focussed on the way individuals compare themselves to one another.

8 MENTAL HEALTH - PREVENTION

DR made a presentation to the Board on the "Promotion of Mental Health and Prevention of Mental ill-health in Children and Young People".

The transfer of the Health Visiting Service from NHSE to Local Authorities in October was discussed. Havering was awarded an uplift to the budget for health visiting services to account for population changes and to allow the commissioning of the universal health visiting offer.

There was a discussion about delivery of the 6-8 week and 1 year check for babies, and how to improve uptake. It was agreed that more information was needed to understand why babies were not receiving their checks. The Children's Commissioner will raise this issue with the health visiting service.

9 **MENTAL HEALTH - TREATMENT**

AS made a presentation to the Board on 'Treatment for Children and Young People with mental health issues'.

The Chairman suggested information should be made available for parents about mental health in children to help them recognise problems. Cllr Davis commented that parents may feel isolated if they are unaware about who to turn to for advice.

MP said that there had been an increase in Education and Health Care Plans among under five year olds, and that GPs could be provided with more information about this. The Chairman commented that it would be preferable that there be a more coordinated approach. MP described the discussions taking place between the Council and CCG to co-locate a multi-agency team and pool budgets, which would help to strengthen local arrangements.

AS presented the Children's Mental Health Local Transformation plan to the board for discussion and approval. The governance arrangements for the plan were discussed. The Board approved the plan but instructed AS to ensure there governance of this plan was joined up with the governance of the wider CYP Mental Health work stream (see item 11).

10 **WORKING BETTER TOGETHER TO COMMISSION AND DELIVER MH SERVICES FOR CYP**

MP presented an options paper relating to the setting up of a new CYP Mental Health Partnership Board and its subsequent governance. The Board agreed to Option 4, but decided that another standing board should not be set up. Instead the group should be established as a 'task and finish' group. Once the initial work has been completed the group should cease and all future governance of CYP MH issues should be incorporated into the work of the (currently) Adults MH Partnership Board.

11 **STROKE SERVICES**

AS gave a verbal update on Stroke Services. A 'Stroke Services: Case for Change' paper is currently being finalised and will be presented to the CCG Governing Body in September, and to the Health and Wellbeing Board following this.

Action: AS to bring to a future Health and Wellbeing Board the "Stroke Services: Case for Change" paper.

12 **FORWARD PLAN**

The forward plan was tabled and shared with Board.

Action: SM to take off the topic of Health Visiting from the forward plan.

13 **ANY OTHER BUSINESS**

There was no other business.

14 **DATE OF NEXT MEETING**

The next Health and Wellbeing Board will take place on Wednesday, 14 October 2015 at 1:00pm.

Chairman